

**Tour Product 2: Trek to Holy Lake**



**Destination:** Arslanbob village, Jalal – Abad Oblast

**Tour Name:** Trek to Holy Lake

**Duration:** 4 days, 3 nights

**Trekking distance:** 46 km

**Max Elevation:** 3,670 meters

**Min Elevation:** 1,485 meters

**Total Elevation Gain/Loss:** 3129m+ / 3390m-

**Months Possible:** June – early September

**Start/End Point:** Arslanbob

**Difficulty:**

Easy	Moderate	Demanding	Difficult	Very difficult

**Description:**

A moderate 4-day trek over Friendship (3,670 m) and Ontomo (3262 m) passes. Features stunning views of alpine lakes, glaciers, the giant Baubashata Mountains, and the grazing livestock in the lush meadows.

Days	Activities
Day 1	<p><b>Arslanbob village to Holy Rock, 4 -5 hours</b></p> <p>This day we start the tour at 10 am. After breakfast, we are transferred to the starting point of the hike, 20 minutes. We start the hike right after the end of the village and walk on unpaved road about an hour along the stream to get to the area called Toguz Bulak meaning Nine Springs gushing put from the earth. We break for a lunch here along the river. After lunch, we head on to our camp on a steep slope with grazing cattle and sheep occasionally looking at us with a frightened ear, 2 hours. We set a camp neat Holy Rock, a big single rock near our camping spot. Enjoy the panoramic view of Arslanbob valley with walnut trees covering the horizon.</p> <p><b>Trekking Time:</b> 5-6 hours  <b>Trekking Distance:</b> 7 km  <b>Max Elevation:</b> 3130 m  <b>Min Elevation:</b> 1765 m  <b>Total Gain/Loss:</b> 1365 m  <b>Campsite:</b> N41° 23.311' E72° 53.533'</p>
Day 2	<p><b>Hike to alpine lake Kolkupan over Dostuk Pass, 6 -7 hours</b></p> <p>Today is the most difficult day of all days. After breakfast, we start the hike towards Dostuk Pass standing at 3600 meters between two rocky walls, 2 hours. Hike starts gradually going up until the foot of the pass. You can spot grazing yaks around here. The steep trail starts from the foot all the way to the pass. Some parts of the trail are on a scree, so it gets slippery. Towering peaks with glaciers are overlooking a picturesque and lush valley of Arslanbob. Enjoy these scenic views. We break for a lunch on the pass. After lunch, we descend between these two rocky walls down to the next side of the pass. The path covered with mountain onions growing around this area. Here, we will see a bird's eye of the turquoise and azure Kolkupan. This is a shrine for locals who visit and slaughter a sheep to pray. We set our camp on a lake shore. Short walk to enjoy the lake's beauty.</p> <p><b>Trekking Time:</b> 6-7 hours  <b>Trekking Distance:</b> 9 km  <b>Max Elevation:</b> 3676 m  <b>Min Elevation:</b> 2829 m  <b>Total Gain/Loss:</b> +696 m / – 990 m  <b>Campsite:</b> N41° 25.924' E72° 52.375'</p>
Day 3	<p><b>To Tulpar Tash gorge over Ontomo pass, 6-7 hours</b></p> <p>We leave this jewel of the area and head towards east. After 15 minutes of walk, we come to the next crystal-clear small lake from the same river that makes Kolkupan. It is unique with its crystal-clear water; you can see the bottom of the lake. We pass by this lake and head to the steep gorge called Tash Korgon</p>

	<p>along the small stream between rocky wall. The shadow coming from this wall cool you for a while. This gorge ends on the pass with a shepherd's hut. A nice mountains range opens with vast valleys good for cattle. You can spot white tents of shepherd's in a far distance. We hike through grazing lands with the herd of sheep scattered around. They get frightened when they see you suddenly. We go over another Ontomo and Chakmak Tash passes. After the last pass of the day, we arrive at Tulpar Tash campsite meaning Hores Rock located in this gorge. We set our tents here along the stream. Dinner.</p> <p><b>Trekking Time:</b> 7-8 hours  <b>Trekking Distance:</b> 17 km  <b>Max Elevation:</b> 3262 m  <b>Min Elevation:</b> 2570 m  <b>Total Gain/Loss:</b> +970 m – 910 m  <b>Campsite:</b> N41° 21.738' E72° 49.258'</p>
Day 4	<p><b>Trek ti Arslanbob village through Chaar Arsha gorge</b></p> <p>Breakfast. We descend the Arslanbob valley through this Chaar Archa gorge with dense juniper trees on the way. Arsanbob valley begins to appear with its walnut trees and lush grasslands. Lunch along the stream near shepherd's tent. After lunch, an easy trail begins until we get to unpaved road. We will see locals on the busy with beehives to cultivating their lands. Arrival at our homestay and a long-awaited shower.</p> <p><b>Trekking Time:</b> 6-7 hours  <b>Trekking Distance:</b> 15 km  <b>Max Elevation:</b> 2895 m  <b>Min Elevation:</b> 1484 m  <b>Total Gain/Loss:</b> – 1493 m</p>