

Tour Product #3: Trekking adventure of Arslanbob



Destination: Arslanbob village, Jalal – Abad Oblast

Tour Name: Trekking adventure of Arslanbob

Duration: 4 days 3 nights

Trekking distance: 40 km

Max Elevation: 3,670 meters

Min Elevation: 1,761 meters

Total Elevation Gain/Loss: 3250m+ / 3240m-

Months Possible: June – early September

Start: Arslanbob

End Point: Kyzyl Unkur Valley

Difficulty:

Easy	Moderate	Demanding	Difficult	Very difficult

Description:

Explore the spectacular Babash Ata mountain range. Marvel at crystal clear glacier fed lakes and streams, giant rocks and alpine meadows with herds of grazing sheep and cattle. Immerse yourself in the shepherd's culture for the ultimate local experience.

Note: Requires arranging a driver for pick up

Days	Activities
Day 1	<p>Arslanbob village to Holy Rock, 4 -5 hours</p> <p>This day we start the tour at 10 am. After breakfast, we are transferred to the starting point of the hike, 20 minutes. We start the hike right after the end of the village and walk on unpaved road about an hour along the stream to get to the area called Toguz Bulak meaning Nine Springs gushing out from the earth. We break for a lunch here along the river. After lunch, we head on to our camp on a steep slope with grazing cattle and sheep occasionally looking at us with a frightened ear, 2 hours. We set a camp near Holy Rock, a big single rock near our camping spot. Enjoy the panoramic view of Arslanbob valley with walnut trees covering the horizon.</p> <p>Trekking Time: 5-6 hours Trekking Distance: 7 km Max Elevation: 3130 m Min Elevation: 1765 m Total Gain/Loss: 1365 m Campsite: N41° 23.311' E72° 53.533'</p>
Day 2	<p>Hike to alpine lake Kolkupan over Dostuk Pass, 6 -7 hours</p> <p>Today is the most difficult day of all days. After breakfast, we start the hike towards Dostuk Pass standing at 3600 meters between two rocky walls, 2 hours. Hike starts gradually going up until the foot of the pass. You can spot grazing yaks around here. The steep trail starts from the foot all the way to the pass. Some parts of the trail are on a scree, so it gets slippery. Towering peaks with glaciers are overlooking a picturesque and lush valley of Arslanbob. Enjoy these scenic views. We break for a lunch on the pass. After lunch, we descend between these two rocky walls down to the next side of the pass. The path covered with mountain onions growing around this area. Here, we will see a bird's eye of the turquoise and azure Kolkupan lake. This is a shrine for locals who visit and slaughter a sheep to pray. We set our camp on a lake shore. Short walk to enjoy the lake's beauty.</p> <p>Trekking Time: 6-7 hours Trekking Distance: 9 km Max Elevation: 3676 m Min Elevation: 2829 m Total Gain/Loss: +696 m – 990 m Campsite: N41° 25.924' E72° 52.375'</p>
Day 3	<p>Trek from Kolkupan lake to Kerei valley</p> <p>After hearty breakfast start the trekking. A wild scree trail stretches along the lake to the northeast into the Kerei gorge. Leave the lake behind and begin ascending gradually Kerei Pass (3500m). Right at the end of the lake we cross the river and continue to Kerei pass through the the vast green valley full of grazing</p>

	<p>livestock (sheep, horses). The trail winds gently up and reaches the pass, 4 hours. From the pass, you can enjoy the wonderful views of the nearby gorges and craggy Babash Ata peaks in the south. Lunch is here. After lunch we start descending into the valley of the Kerei, two hours of walking will bring you to our campsite. Set up the tents, have some rest while the dinner is being prepared. Overnight in a tent.</p> <p>Trekking Time: 7-8 hours Trekking Distance: 14 km Max Elevation: 3600 m Min Elevation: 2829 m Total Gain/Loss: +1123 m – 722 m Campsite: N41° 28.867' E72° 56.475'</p>
Day 4	<p>Kerei valley to Kengkol gorge - Jalal Abad city</p> <p>There is no rush on this day. After breakfast we leave the campsite, the trail goes mainly downhill along the stream. Nice vast valley sided with towering rocky peaks. This valley is perfect for sheep, you will encounter shepherds on horseback tending their flock of sheep. A huge fir trees starts to appear, follow the road leading through the spruce forest. Arrive at the Kenkol gorge. Meet the awaited driver, lunch at the riverbank. After lunch, transfer to Jalal-Abad city, 2 hours.</p> <p>Trekking Time: 5-6 hours Trekking Distance: 11 km Max Elevation: 3200 m Min Elevation: 1790 m Total Gain/Loss: +70 m – 1503 m</p>